



## Lifestyles

### Task: The Role of Education and Income

#### Activity 1: Listening

Welcome to a practice listening task for the GESE 11.

You are going to hear a talk about **the role of education and income in shaping lifestyle choices**. You will hear the talk twice. The first time, just listen. Then I'll ask you to tell me generally what the speaker is talking about. Are you ready?

#### Audio Script

In all likelihood, it is safe to say that we all want to flourish and thrive in our lives. We aspire to be successful and make the most of the opportunities available to us. However, there are various factors that can impact our ability to thrive, and one of the most significant ones is our environment. Research has shown that the environment we live in can be extremely important in shaping our outcomes. It can either support our growth or hinder it. Therefore, it is essential to be mindful of the environment we create around us and ensure that it promotes our well-being. In this context, it can be found to be important to explore the elements that can contribute to an environment that enables us to thrive and flourish, such as getting the proper education and receiving adequate income from our chosen careers that allow us to live life with few economical burdens.

Following this train of thought, not only does higher education provide greater social and cultural capital, but it also opens doors to the most wanted and highest possible positions in a variety of fields. Education also offers jaw-dropping opportunities for personal growth and development, leading to new career paths and lifestyle choices. Surprisingly enough, education has been linked to a greater understanding and awareness of health and wellness, which perfectly well impacts lifestyle choices such as physical activity and dietary habits. Having said that, education does not only impact career opportunities, but also social relationships and access to networks. If society had realized the value of education earlier, it would be more egalitarian today, with people having greater access to resources and opportunities.

Additionally, Income is a major factor in determining an individual's ability to access crucial resources such as housing, healthcare, and education. It can significantly affect one's lifestyle choices, including leisure activities, dietary preferences, and transportation options. Income can also influence social relationships and access to social networks, which can have important implications for lifestyle choices. For those who are well-to-do, higher income can provide greater opportunities for personal growth and development, which can significantly impact career and lifestyle choices. However, the worst noted impact of low income is exposure to stress and other environmental factors, leading to various health problems. Luckily enough, those with higher income can access better healthcare, which is usually found at the highest possible level of medical care in the best possible location. While the negative effects of low income are relatively quickly seen, it will have been trying



to stem from this issue for a long time. Be that as it may, it is absolutely necessary to assert and foster policies that ensure equitable access to resources for everyone.

It all boils down to that income is a significant factor in determining an individual's access to resources and lifestyle choices. Those who are well-to-do have more opportunities for personal growth and development, but the negative impacts of low income cannot be ignored. It is fortunate that higher income can provide better access to healthcare, but the root of the problem lies in the systemic inequalities that prevent equitable access to resources. Therefore, it may very well be totally necessary to assert and foster policies that ensure everyone has access to basic necessities, regardless of their income. It is incredibly important to acknowledge and address the issues that stem from income inequality, as they can have far-reaching implications on an individual's life. With the right policies and programs in place, we can strive towards a society where income does not dictate one's access to resources and opportunities.

Can you tell me in one or two sentences what the speaker was talking about?

Now listen to the talk again. This time make some notes as you listen, if you want to. Then I'll ask you to tell me about the point of view of the speaker, the role of education and the role of income when it comes to shaping lifestyle choices.

Now tell me about the point of view of the speaker, the role of education and the role of income when it comes to shaping lifestyle choices. You have one minute to talk.

This is the end of the listening task.

**Answers:**

Point of View	<ul style="list-style-type: none"><li>• Necessary to assert and foster policies that ensure everyone has access to basic necessities, regardless of their income.</li></ul>
The role of education	<ul style="list-style-type: none"><li>• Higher education provides greater social and cultural capital, opens doors to wanted and higher positions in a variety of fields</li><li>• Offers opportunities for personal growth and development, new career paths and lifestyle choices.</li><li>• linked to a greater understanding and awareness of health and wellness, impacts physical activity and dietary habits</li></ul>



	<ul style="list-style-type: none"><li>● Impacts career opportunities, social relationships and access to networks.</li></ul>
The role of income	<ul style="list-style-type: none"><li>● Access crucial resources: housing, healthcare, and education</li><li>● Affect lifestyle choices: leisure activities, dietary preferences, and transportation options</li><li>● Influence social relationships and access to social networks</li><li>● Higher income can provide greater opportunities for personal growth and development</li><li>● Access better healthcare</li></ul>

Marks: +\_ / +10



#### Grammar Used in the listening task:

- **inversions: not only....but**
- **compound adjectives: jaw-dropping / well-to-do**
- **modifiers: absolutely / extremely / incredibly / totally**
- **Past participle as adjective: the most wanted player / a written document / a confused girl**
- **superlative + postmodifier + noun: best possible location / highest possible level**
- **adverb + enough: surprisingly enough / sadly enough / luckily enough**
- **adverb + adverb: perfectly well / extremely well / relatively quickly**
- **Mix Conditional: If society had realized this mistake earlier, it would be a different world today.**
- **Perfect Infinitive: Having said that,...**