

Personal Values and Ideals

Task: Social Media and Personal Values

Activity 1: Listening

Welcome to a practice listening task for the ISE 2.

You are going to hear a talk about **social media and personal values**. You will hear the talk twice. The first time, just listen. Then I'll ask you to tell me generally what the speaker is talking about. Are you ready?

Audio Script

In recent years, the world has seen a significant increase in the use of social media platforms, and it has become an integral part of people's daily lives. The way social media affects personal values and ideals has been a topic of debate and discussion. Many researchers have reported that social media use has grown exponentially, and its effects on people's values and beliefs have been studied extensively. It had been reported that social media has had both positive and negative impacts, and it is essential to understand them to make informed decisions.

So to continue, in the past, people used to rely on phone calls or physical letters to stay in touch with family and friends who lived far away. Although those methods are still used, social media has revolutionized the way we maintain relationships. Through social media platforms, individuals can stay connected and up-to-date on the lives of loved ones in real-time. Additionally, social media provides opportunities for self-expression and creativity through sharing photos, videos, and thoughts online. If social media did not exist, individuals would not have the ability to share their lives and thoughts with such a wide audience. Furthermore, social media has expanded our understanding and access to diverse perspectives and opinions. This exposure to new and different viewpoints can challenge and broaden personal beliefs and values. Additionally, social media has been being used as a tool for social justice activism, with campaigns and hashtags raising awareness and promoting change. Finally, social media enables like-minded individuals to connect and form communities based on shared values and interests, creating a sense of belonging and support. Moreover, the increased social connectedness, opportunities for self-expression, access to diverse perspectives, social justice activism, and formation of communities are just some of the pros of social media on personal values and ideals.

In spite of the many advantages that social media provides, there are also some significant drawbacks to consider. A risk of social isolation and addiction, leading to a decrease in face-to-face interactions and real-life experiences are associated by the use of social media. To counteract this, it is important that individuals must take responsibility for monitoring their social media use and engaging in offline activities. Additionally, there is a need for greater regulation and education around cyberbullying and harassment, as well as appropriate ways to respond to inappropriate content. Should individuals encounter any harmful content, they must be able to report it and receive support. Furthermore, the spread of fake news and misinformation is a major concern, as it can lead to confusion and division among individuals and communities. This issue ought to be addressed through improved media literacy

education and the implementation of fact-checking measures. Finally, there is the issue of privacy, which has been compromised by the potential for personal information to be shared or sold without consent, leading to security risks and identity theft. It is important that individuals are aware of the potential risks and take necessary precautions to protect themselves and their personal information.

To sum up, social media has both advantages and disadvantages on personal values and ideals. While it might increase social connectedness, broaden perspectives, and promote social activism, it also might lead to addiction, cyberbullying, pressure to conform, spread of fake news, and loss of privacy. It remains to be seen whether society will find ways to mitigate these negative effects and maximize the positive potential of social media in the future. If we had addressed these issues earlier, we might have had a more positive and well-rounded relationship with social media today.

Can you tell me in one or two sentences what the speaker was talking about?

Now listen to the talk again. This time make some notes as you listen, if you want to. Then I'll ask you to tell me **the pros and cons of social media when it comes to personal values.**

Now tell me **the pros and cons of social media when it comes to personal values.** You have one minute to talk.

This is the end of the listening task.

Answers:

Pros:	<ul style="list-style-type: none">● Increased social connectedness and ability to maintain relationships with family and friends who live far away● Opportunities for self-expression and creativity through sharing photos, videos, and thoughts online● Access to diverse perspectives and opinions that can challenge and broaden personal beliefs and values● Increased awareness and activism around social justice issues through social media campaigns and hashtags● Ability to connect with like-minded individuals and form communities based on shared values and interests
Cons:	<ul style="list-style-type: none">● Risk of social isolation and addiction to social media, leading to a decrease in face-to-face interactions and real-life experiences

	<ul style="list-style-type: none">● Cyberbullying, harassment, and exposure to hateful or inappropriate content, leading to negative impacts on mental health and well-being● Pressure to conform to unrealistic standards of beauty, success, and happiness presented on social media, leading to negative self-image and self-esteem● Spread of fake news and misinformation, leading to confusion and division among individuals and communities● Loss of privacy and potential for personal information to be shared or sold without consent, leading to security risks and identity theft.
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Marks: +_ / +10

Find grammar in the audio script and highlight it, writing behind the grammar: For example:
You must know that... = You **must [modal verb: must]** know that

Grammar list:

- Second conditional
- Simple passive
- Used to
- Relative clauses
- Modal verb: Must
- Modal verb: Should / Ought to
- Modal verb: May / Might
- Third conditional
- Present perfect continuous
- Past Perfect Simple
- Reported speech / Reported Verb
- Linking expressions: Although
- Linking expressions: In spite of / despite all
- Cohesive devices: So to continue,

Once you have found all the grammar, write down some vocabulary and ideas in the audioscript.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Write a review for your teacher (150 to 180 words) about using a social media network.

Piensa en qué tipo de ensayo

- Argumentative Essay → decir las ventajas y desventajas
- Discursive Essay → pide que informan sobre algo, con datos o información
- Descriptive essay → memoria, recuerdo, o experiencia

- >> Describe what you do on this social media network
- >> Explain what good and bad aspects it provides for personal values
- >> Compare with another social media network

Plan your writing with the grammar, writing format, and ideas from the writing prompt before starting.

Activity 4: Speaking

Now, think about having a two minute conversation about: How does social media affects our personal values? You can use ideas from the listening activity and/or add your own ideas.

What ideas can you use?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

What questions can you ask?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.