



The World of Works

Task: Changing Careers At Forty

Activity 1: Listening

Welcome to a practice listening task for the GESE 8.

You are going to hear a talk about **changing careers at forty**. You will hear the talk twice. The first time, just listen. Then I'll ask you to tell me generally what the speaker is talking about. Are you ready?

Audio Script

For whatever reason a person could have, many people at the age of forty have had the desire to have a career change. It might be because they want to try something new, have a change of lifestyle or even earn more money. Whatever the reason may be, there are some things a person should consider before doing so.

So to continue, let's consider why a person might not make this change in their life in spite of wanting to. In the first place, perhaps they hadn't developed their education enough and feel that they aren't going to find anything better than what they are doing now. Also, it could be that the career you want to get into is different and you may need additional education and training. Many people have commented that they aren't keen on the idea of having to study again, so they end up remaining in their current career. Apart from that, some people feel that their responsibilities keep them from doing a career change. This would be because most of the time, these types of people are worried about taking care of their families and bills. Not to mention that people are feeling fearful and doubtful about the economy and rather it is the correct time to change careers or to just stay put. Of course, there are always those that want to make a change but feel that they may be making a bad choice and don't even try.

Although, changing careers when you are 40 may not be easy, but it isn't impossible. There are some things that you can do to help you in this change. For instance, first you have to come to the realization and make the decision that your current job is somehow unfilling to you and is no longer working for you. So, if this happens, the best thing is to have been gathering information about what it is that you would like to work in as a career. By imagining what it is that you want to do, it will be easier to discover information to help you see what you would have to do or see if it is a probable possibility for you or not. Furthermore, by figuring out the possibilities, it can aid you in seeing the different lives you could be living. This will be a great way in figuring which life and career you would like to live. In addition, if you try out what you want to do before actually doing it, then you can also help yourself to have a more successful changeover in your career. However, it is never easy to take that leap of faith and change careers just like that. Finally, this is why it is important to have a good support team while transitioning into your new career. Finding good role models and advisors could be just what you need. Also, having somebody that can offer advice without



being negative or feeding fear on what you want to do, is also an ideal person to be part of your support team.

In a nutshell, life is short, and we must enjoy ourselves. You can always earn money, but once time is gone, it is impossible to get it back. If many people had thought of this, they would have tried switching to another career instead of staying in their present one. Whatever it is you decide to work in, make sure it is something that makes you as happy as a clam.

Can you tell me in one or two sentences what the speaker was talking about?

Now listen to the talk again. This time make some notes as you listen, if you want to. Then I'll ask you to tell me about reasons people don't change careers and how they can change their careers.

Now tell me about reasons people don't change careers and how they can change their careers. You have one minute to talk.

This is the end of the listening task.

Answers:

Reasons people don't change careers	<ul style="list-style-type: none">● hadn't developed their education● because the career is different, need additional education and training● responsibilities: family and bills● feeling doubtful about the economy● fear from making a bad choice
How can people change careers	<ul style="list-style-type: none">● making the decision that your current job isn't working for you● gather information about what you want to do● figure out possibilities● try out what you want to do before doing it● have a support team while you transition into your new career

Marks: +_ / +10