



Lifestyles

Task: Two Different Types of Lifestyles

Activity 1: Listening

Welcome to a practice listening task for the GESE 11.

You are going to hear a talk about **two different types of lifestyles**. You will hear the talk twice. The first time, just listen. Then I'll ask you to tell me generally what the speaker is talking about. Are you ready?

Audio Script

There are two contradictory philosophies in life; live to work or work to live! It is funny how a simple play of words **can have** such different meanings. **Not only is this a personal choice,** but interestingly enough it is often a **cultural influence** as well. There are many reasons that somebody can feel this way, apart from culturally. Perhaps it has been taught to them since they were young, or even **blends in nicely** with what their goals are in life. Whatever the reason may be, both exist in the world. Coexisting can, however, be somewhat complicated and difficult to accommodate each other. What philosophy is of your liking?

Somebody who **lives to work** is usually **blessed with** a hard work ethic. This type of person **tends to cope with** a lot of responsibility. It is not uncommon to see them work extra hours and weekends. Nevertheless, a person of this condition should keep some things into account. Such an example would be that if this kind of person had taken care of their free time, it would be unlikely that they would **develop stress** and not become exhausted. Now, if we were to consider the other type of person, that **works to live**, then we could come to appreciate certain aspects that this **lifestyle** could offer. For instance, a person like this is able to take notice of things in others that might otherwise **go undiscovered**. They are also able to enjoy and **encounter new passions in life** and often **live life with little regret**. On the downside, when it comes to work, usually they are **not overly motivated** and **may have** even been **found lacking** by their superiors. Furthering this thought, they could remain the majority of their career **absolutely** content at the lower levels of the workforce. As can be seen, both have a positive and negative side that **virtually all people experience** at some point or another.

So, what is **the right path**? **Surprisingly enough,** it is hard to say, really. However, what seems to be the **most wanted lifestyle** seems to be an attempt to **have a balance between both**. **Prioritizing** is vitally important. Health and family **must come first** always, followed by **work obligations**. Once that has been achieved, then there should be **time for fun and play**. In essence, a balance is of the utmost importance if you want to have the best of everything. The **best possible way** to do this is to assign a time twice a week to organize and regroup what you need to be doing and when, aiding you to **not overlook anything** that keeps you within a healthy balance of free time and work obligations. If this is done, there is no reason for somebody to live both sides of the extreme **amazingly well**. I suppose the real question is if this balance can be kept up, I wonder? This is certainly a **life-changing** experience.



Can you tell me in one or two sentences what the speaker was talking about?

Now listen to the talk again. This time make some notes as you listen, if you want to. Then I'll ask you to tell me what is mentioned about live to work, work to live and the point of view of the speaker.

Now tell me what is mentioned about live to work, work to live and the point of view of the speaker. You have one minute to talk.

This is the end of the listening task.

Answers:

Live to work	<ul style="list-style-type: none">• work extra hours and weekends• could become stressful• could become exhausted
Work to live	<ul style="list-style-type: none">• notice things that might otherwise go undiscovered.• enjoy and encounter new passions in life• live life with little regret• not overly motivated, found lacking by their superiors• majority of their career content at the lower levels of the workforce
Point of View	<ul style="list-style-type: none">• have a balance• prioritizing• organize and regroup• life-changing experience

Marks: +_ / +10

Grammar Used in the listening task:

- **inversions: not only....but**
- **compound adjectives: jaw-dropping / well-to-do**
- **modifiers: absolutely / extremely / incredibly / totally**
- **Past participle as adjective: the most wanted player / a written document / a confused girl**
- **superlative + postmodifier + noun: best possible location / highest possible level**
- **adverb + enough: surprisingly enough / sadly enough / luckily enough**
- **adverb + adverb: perfectly well / extremely well / relatively quickly**
- **Mix Conditional: If society had realized this mistake earlier, it would be a different world today.**
- **Perfect Infinitive**

Vocabulario y Expresiones Interesante / Específico:

- **cultural influence**
- **blends in nicely**
- **lives to work**
- **blessed with**
- **tends to cope with**
- **develop stress**
- **works to live**
- **lifestyles**
- **go undiscovered**
- **encounter new passions in life**
- **live life with little regret**
- **not overly motivated**
- **found lacking**
- **virtually all people experience**
- **the right path**
- **have a balance between both**
- **Prioritizing**
- **must come first**
- **work obligations**
- **time for fun and play**
- **not overlook anything**