



Personal Values

Task: Personal Values of today, the past and the future

Activity 1: Listening

Welcome to a practice listening task for the ISE 2.

You are going to hear a talk about **personal values**. You will hear the talk twice. The first time, just listen. Then I'll ask you to tell me generally what the speaker is talking about. Are you ready?

Audio Script

Have you ever thought about what personal values are? Well, let me tell you. Personal values are characteristics and behaviours that can motivate us to act a certain way and guide us in our decision making. However, many psychologists mention that, which personal values are important, changes from person to person, and they can be quite different. Not only that, but personal values have been changing from one generation to another generation. So, how are personal values formed? Could it be something developed through your life experiences or by important people in your life, like parents or teachers?

So to continue, you may have noticed that some people really appreciate certain personal values. Take honesty, for instance. If you were big on honesty, you would probably try to always speak your mind and hardly ever lie. Otherwise, you wouldn't feel good about yourself. Another important value is kindness. A person that possesses this quality might be found helping others, as well as being generous with their time and resources. These types of people might work as social workers, nurses, doctors or teachers, among other professions. We must not forget about being a hard worker. Somebody that works hard is somebody that you can count on to produce good quality work. This personal value is quite desirable when it comes to looking for an employee to hire. This makes sense because who would want to hire a lazy person, which never completed their work.

In spite of having these qualities, society and people's mindsets change. For instance, nowadays we have been seeing that gender equality is more present. Furthermore, we are able to better enjoy self-expression. Although, if we look back to the time of our grandparents or great-grandparents, then we can see that they had a different focus on personal values that were important then. Respect was also another important value. Young people were expected to respect their elders. On another angle, women were taught to be good homemakers and men were taught that they had to maintain the household. It used to not be alright for women to be in control. This was strictly for the man of the house. Something else was being religious was very important for many people and families.

No matter what, we ought to always have personal values that we live by. Our values of today with how society changes, will help form the personal values of future generations. If past generations had been aware of this, they may have taught such values as tolerance, patience and compassion. In this way, we would have been a more enlightened society.



Can you tell me in one or two sentences what the speaker was talking about?

Now listen to the talk again. This time make some notes as you listen, if you want to. Then I'll ask you to tell me which personal values were important and why in the present, past and for the future.

Now tell me which personal values were important and why in the present, past and for the future. You have one minute to talk.

This is the end of the listening task.

Answers:

Present	<ul style="list-style-type: none">● Honesty - speak your mind and don't lie● Kindness - helping others● Generous - with time and resources / certain jobs: social workers, nurses, doctors or teachers● hard worker - can count on / good employee / not lazy● gender equality / self-expression - more now than in the past
Past	<ul style="list-style-type: none">● Respect - respect elders● women good homemakers● men maintain the household - control● Being religious - important for people and families
Future	<ul style="list-style-type: none">● tolerance / patience /compassion - to become a more enlightened society

Marks: +_ / +10



Activity 2: Reading

Find grammar in the audio script and highlight it, writing behind the grammar: For example:

You must know that... = You **must [modal verb: must]** know that

Grammar list:

- Second conditional
- Simple passive
- Used to
- Relative clauses
- Modal verb: Must
- Modal verb: Should / Ought to
- Modal verb: May / Might
- Third conditional
- Present perfect continuous
- Past Perfect Simple
- Reported speech / Reported Verb
- Linking expressions: Although
- Linking expressions: In spite of / despite of
- Cohesive devices: So to continue,

Once you have found all the grammar, write down some vocabulary and ideas in the audioscript.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.



Activity 3: Writing

Write an essay for your teacher (150 to 180 words) about how personal values have changed from the past.

- ~~— Argumentative Essay → ventajas / desventajas~~
- Discursive Essay → pide que informan sobre algo, con datos o información
- ~~— Descriptive essay → memoria, recuerdo, o experiencia~~

- >> Say what personal values have changed
- >> Explain why you think they have changed and
- >> Tell rather you believe that personal values were better in the past or are in the present

Plan your writing with the grammar, writing format, and ideas from the writing prompt before starting.

Activity 4: Speaking

Now, think about having a two minute conversation about: What personal values are important to you and why? You can use ideas from the listening activity and/or add your own ideas.

What ideas can you use?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

What questions can you ask?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.