



## Recent Personal Experience

### Task 1: Playing Video Games

#### Activity 1: Listening

Welcome to a practice listening for the GESE 5.

You are going to hear a talk about **playing video games**. You will hear the talk twice. As you listen, write down some notes about what you hear, if you want to. I will ask you six questions on some facts about **playing video games**. Are you ready?

#### Audio Script

Playing video games is a favourite way of entertainment for many people, young and old. Video games are common ways to escape problems when somebody is feeling stressed. It helps people forget their problems. Another reason people have for playing games is when they have a negative relationship with somebody, then it is a way of disconnecting from that negative interaction. Playing video games is also a great way to feel independent and have autonomy, especially for children that have to follow rules at home. Being free and making your own choices is the great part of playing games. In addition, it is great to see how through effort and skill you can advance and measure your progress. This gives you a sense of achievement and feels rewarding. These days, playing video games isn't a waste of time. Many players obtain great skills, such as foreign language learning, problem solving, and learning to think strategically. As long as a person balances playing video games with real world socialization, playing video games is a great source of entertainment!

Now I will ask you some questions. You only need to answer in a few words.

Now let's look at the questions again, but with the possible answers.

This is the end of the listening task.

#### Questions & Answers:

1	What can video games do for you when you are feeling stressed?	Escape from problems
2	How can video games help with a negative relationship?	Disconnect (from that negative interaction)
3	What is especially great for children?	Feel independent / have autonomy
4	What is great about playing?	Being free / making your own choices
5	How can you feel achievement with video games?	advance / measure your progress



[www.sunnyamanda.com](http://www.sunnyamanda.com)  
<https://www.youtube.com/sunnyamanda>  
[sunnyamandaonline@gmail.com](mailto:sunnyamandaonline@gmail.com)

6	What skills can you get from playing video games?	foreign language learning / problem solving / learn to think strategically
---	---	--

Marks: +\_ / +6